

## Pedal Power for Boggart Bikers

Once again our efforts and ethos of 'going the extra mile' have led to praise and thanks in the local Press in Manchester. We, through the Manchester City Council Housing Investment Framework [HIF], have supported the charity Wheels for All and the Boggart Bikers on a number of occasions raising more than £12,700 for them.

Our approach and these activities, without doubt, contributed to our recent success in being appointed to Manchester's Framework One and we intend to continue with further activities.

We now know we will be appointed, subject to contract, with 4 other constructor partners, Wilmott Dixon, Cruden, Bramall, and Parkinson, and these non-construction activities will continue to contribute to the region's success and enjoyment [and hard work] of working with the City.

### Pedal power for Boggart Bikers

There's nothing like cycling to boost physical health and raise spirits. Boggart Bikers, a joint scheme between Zest Healthy Living Network, Boggart Hole Clough Community Action Trust and Leisure Services, aims to get north Manchester people of all ages and abilities on their bikes by hosting twice-weekly supervised cycling sessions, with specially adapted bikes for people with disabilities or health problems.

"The equipment can be costly to buy and maintain," says Zest's Shirley McCardell, "so we're grateful to Council partner GB Building Solutions for their marvellous fundraising and support. Ultimately, we want to establish an integrated cycling club affiliated to national cyclists' organisation, CCT's Charitable Trust."

To find out more about the sessions contact **Ann Williams** at **Boggart Hole Clough**; telephone **0787 9666776** or **Shirley** on **0161 655 7882**.



Chantelle 8 and Holly 9, give it some pedal power